

Bernalillo Candidates are Familiar Faces



James Baca



Magistrate Judge, Sharon Torres- Quintana



Phillip Valverde

By Glen Rosales,
Sandoval Signpost

Two incumbents and one former candidate running for the second time are vying for the two open Town Council seats in the upcoming Bernalillo municipal elections.

Former businessman Phillip Valverde and former Magistrate Judge Sharon Torres-Quintana are each seeking to retain the seats they first won in 2020 and James Baca, who works for the Sandoval County Bureau of Elections, is looking to earn a seat that eluded him four years ago by 37 votes.

Early voting begins Feb. 6 at Town Hall, while in-person Election Day is set for March 5.

For the incumbents, both expressed a desire to push the government forward after having to deal with Covid issues through most of their prior tenure.

“We had our pandemic and after that, we lost a little bit of time,” said Valverde, 63, who grew up in Bernalillo and owned a tire shop in town for 25 years before turning to politics. “It was a very good learning experience. I’ve just been learning and getting my feet wet. I’m hoping

I’ll be able to do at least another term and continue the progress on our existing projects and keep the progress in our town going.”

Bernalillo native Torres-Quintana, 54, who was the magistrate judge for 14 years, added the town is just now getting projects underway that were waylaid by the virus and subsequent economic derailment.

“After Covid hit, everything got behind,” she said. “We’re still on those projects.”

One of the projects that did get off the ground that Torres-Quintana is proud of, she said, is the move to partner with Street Cat HUB to provide spay and neutering services to free-roaming – or feral – cats.

And Valverde said he appreciated being able to bring to fruition a unique skating and bicycle and skating layout in Rotary Park that he helped promulgate. The park features “pump” technology that allows riders and skates to extend their runs.

“We were able to bring something state of the art to the community, something to keep our youth involved,” he said. “It’s been a role model throughout the southwest and through the state of New Mexico. We’ve had other towns calling us,

asking where this came from. It’s one of those things, kids using it, they blew up the social media when it came out.”

Providing more recreational opportunities is something that Baca also wants to see continue.

“I’m a new face with some fresh ideas,” said Baca, 54. “My focus would be on the youth in the community. Maybe have more activities, more in the sense of working with the schools for more after-school programs and try to get some programs that every child can participate in. We’ve got some programs but they cost the children some money. Let’s look at trying to get inclusion.”

Both Valverde and Torres-Quintana said in addition to a greater focus on youth activities going forward, infrastructure projects need to be a priority, particularly those dealing with roads and water, as well as continuing to upgrade both the police and fire department facilities.

In the only other slot open on the ballot, current municipal judge Geoffrey Rinaldi was the only one to collect enough signatures to run for that position.

Twin Brothers Join Rio Rancho Police Ranks



(Courtesy Rio Rancho Police Department)

By Sandoval Signpost staff

The new year saw new officers for the Rio Rancho Police Dept. A couple of pairs in a local department were part of their own brotherhood long before they put on the badge.

The Parra brothers are turning heads in the Rio Rancho Police Department. The twin brothers Giovanni and Giuliano are two months into their dream job with the department. The 21 year-olds have had public service on their minds since they were little boys.

The Parra brothers are two of the four new officers welcomed into the department this year. Bryan Wilson recently graduated from the DPS Academy. Lateral Officer Jose Puentes comes to the department with years of experience.

POSTMASTER LABEL HERE

\$1.00

UPC

To see your name here
subscribe online at
sandovalsignpost.com



Sign up for home delivery and our weekly e-edition online at sandovalsignpost.com

The Paper.

CORRALES
Comment

SIGNPOST

The
Independent

THE LOVE ISSUE

SPECIAL EDITION



ON STANDS
&
2500 COPIES
DISTRIBUTED



**Galentine's
Gifts.
Date Night.
Boudoire.**



Reach more than 15,000 print readers and 60K+ online subscribers with your advertising!

100+ locations from ABQ to Rio Rancho, Corrales and Bernalillo

Reservation Deadline - Feb. 1

**505-300-4087
sales@newmexico.news**

SANDOVAL SIGNPOST

AN INDEPENDENT LOCAL NEWSPAPER



Advertising inquiries:
(505)300-4087 or
tierna@sandovalsignpost.com

New Mexico Owned.

STAFF & CONTRIBUTORS:

Admin:

Pat Davis
Owner & Publisher
pat@newmexico.news

Editorial:

TS Last
Reporter
ts@sandovalsignpost.com

Sara Atencio-Gonzales
Reporter

Bill Diven
News Reporter
bill@sandovalsignpost.com

Sales:

John Hankinson
Sales Executive
john@abq.news

Chela Gurnee
Sales Executive
chela@abq.news

Muhamed Abdel-Hack
Sales Executive
muhamed@abq.news

Production:

Rachel Mills
Graphic Designer

Sheena Suazo
Digital Media Manager

Sandoval Signpost is published monthly by Ctrl+P Publishing, LLC. Our mailing address is 317 Commercial St NE #201 Albuquerque, NM 87102. Bulk postage is paid at Placitas, NM. As a local newspaper of general interest to residents of Placitas, Bernalillo, Corrales, Rio Rancho, and other areas of southeastern Sandoval County, we invite readers to submit stories, letters, poetry, and photographs of artwork for publishing consideration. We welcome advertising of interest to our readership area.

Copyright © 2024, by Ctrl+P Publishing, LLC. All rights reserved. Reproduction without permission is prohibited. The opinions expressed in articles appearing in the Sandoval Signpost are those of the individual authors and do not necessarily reflect those of the publishers.

The Sandoval Signpost is printed with soy ink on recycled newsprint.

WANT TO SEE YOUR NAME HERE?

We're hiring!

Sales Executive

Must Haves:

- Excellent written and verbal communication skills
- Excellent interpersonal skills
- Highly self-motivated

Prior sales experience preferred, but not required.

Some work can be done from home!

To apply, please send a brief intro and resume to tierna@newmexico.news

Stansbury Highlights Fed Funding for Sandia Firestation



Rep. Melanie Stansbury and USDA Deputy Secretary Xochitl Torres Small visit Sandia Fire station officials

The Sandoval Signpost Staff

Congresswoman Melanie Stansbury was at the Pueblo of Sandia Wednesday along with USDA Deputy Secretary Xochitl Torres Small to talk to pueblo and county leaders and highlight projects using federal funding to improve the community.

A new fire station on the Pueblo is being built next to the police station thanks in part to a \$1.4 million grant from the USDA through the Inflation Reduction Act.

Stansbury says the station is long overdue and will be the first at the Pueblo.

"It's also part of a larger effort to address the rural health care and emergency service needs of New Mexico," she said. "My office has been working night and day to

address emergency needs and public safety needs, helping to partner with state police to get fentanyl off the streets and our local law enforcement and fire departments. We've been working with our rural communities to address food insecurity and youth homelessness and of course to make sure we are meeting the emergency needs of our communities."

The \$28 million project will also include EMS services. The Bernalillo County Fire DEpartment will hire 21 additional personnel to maintain and operate the station.

It is expected to greatly reduce response time for much of the area around Sandia Pueblo and northern Bernalillo County and southern Sandoval County.

The new station is expected to be open for businesses in late April.

Experience the Sandia Green Clean difference!

Schedule Your Eco-Friendly Home Cleaning Today & Claim Your Weekend!

Albuquerque's #1 Residential Cleaning Service

CALL US NOW: 505.404.3071 ♦ TEXT US NOW: 505.393.2065
sandiagreenclean.com

Meetings Schedule

Sandoval County

*Sandoval County
Investment Committee
Jan. 23, 3 p.m.,
Sandoval County
Commission Chambers*

*Sandoval County
Commission
Jan. 24, 6 p.m.,
Sandoval County
Commission Chambers*

*Planning and Zoning
Commission
Feb. 13, 4:30 p.m.,
Sandoval County
Commission Chambers*

*Sandoval County
Commission
Feb. 14, 6 p.m.,
Sandoval County
Commission Chambers*

Rio Rancho

*Public Info Meeting -
G.O. Bond Questions
Jan. 18, 6 p.m., Loma
Colorado Main Library*

*Capital Improvements
Plan Citizens Advisory
Committee
Jan. 22, 6 p.m., Rio
Rancho City Hall*

*Planning and Zoning
Board
Jan. 23, 6 p.m., Rio
Rancho City Hall*

*Governing Body
Jan. 25, 6 p.m., Rio
Rancho City Hall*

Village of Jemez Springs

*Planning and Zoning
Meeting
Jan. 18, 6:30 p.m.*

*Lodger's Advisory Tax
Board
Feb. 7, 9 a.m.*

*Planning and Zoning
Meeting
Feb. 15, 6:30 p.m.*

Rio Rancho Municipal Election

By Sandoval Signpost Staff

Early Voting Locations
Broadmoor Senior Center
(Clerk's Annex), 3241 Broadmoor
Blvd

• Tuesday, February 6, 2024 -
Saturday, March 2, 2024

• Monday - Friday from 8 a.m. - 5
p.m.

• Saturday, February 17, 2024,
February 24, 2024 and March 2,
2024 from 9 a.m. - 6 p.m.

Plaza @ Unser Marketplace,
701 Unser Blvd Unit A12

• Saturday, February 17, 2024 -
Saturday, March 2, 2024

• Tuesday - Saturday from 9 a.m. - 6
p.m.

Loma Colorado Library, 755
Loma Colorado Blvd

• Saturday, February 17, 2024 -
Saturday, March 2, 2024

• Tuesday - Saturday from 9 a.m. - 6
p.m.

Rio Rancho MVD, 4114 Sabana
Grande Ave SE

• Saturday, February 17, 2024 -
Saturday, March 2, 2024

• Tuesday - Saturday from 9 a.m. - 6
p.m.

The Hub @ Enchanted Hills,
7845 Enchanted Hills Blvd

• Saturday, February 17, 2024 -
Saturday, March 2, 2024

• Tuesday - Saturday from 9 a.m. - 6
p.m.

Rio West Business Center, 103
Rio Rancho Blvd Suite B1

• Saturday, February 17, 2024 -
Saturday, March 2, 2024

• Tuesday - Saturday from 9 a.m. - 6
p.m.

Election Day Voting Locations

Voting will take place between 7
a.m. and 7 p.m. on Tuesday, March 5.
Voters may vote at any of the below-
listed polling locations, regardless
of where they are registered to vote
within the City of Rio Rancho.

Broadmoor Senior Center (Clerk's
Annex), 3241 Broadmoor Blvd

Plaza @ Unser Marketplace, 701
Unser Blvd Unit A12

Loma Colorado Library, 755 Loma
Colorado Blvd

Rio Rancho MVD, 4114 Sabana
Grande Ave SE

The Hub @ Enchanted Hills, 7845
Enchanted Hills Blvd

Rio West Business Center, 103 Rio
Rancho Blvd Suite B1

Cabezon Community Center, 2307
Cabezon Blvd

Rio Rancho Middle School, 1600
Loma Colorado Blvd

Cielo Azul Elementary School,
3804 Shiloh Rd

Puesta Del Sol Elementary School,
450 Southern Blvd

Lincoln Middle School, 2287 Lema
Rd

Colinas Del Norte Elementary
School, 1001 Night Sky Ave



SUBSCRIBE
to our weekly e-edition
straight to your inbox!
It's FREE!
sandovalsignpost.com



HEARD ANY LOCAL, NEWSWORTHY

CHISME?

TELL US ALL ABOUT IT!
EMAIL EDITOR@NEWMEXICO.NEWS

City Councilors Face Multiple Challengers

Three Rio Rancho Council seats up for grabs

By T.S Last, Sandoval Signpost

Three sitting City Councilors will each face multiple challengers in the March 5 municipal election in Rio Rancho, setting up a potential shakeup on the Governing Body.

Incumbants Jim Owen (District 1) and Paul Wymer (District 4) will be up against two opponents in their re-election efforts, and Nicole Dahn List (District 6) has three challengers for the seat she was appointed to by Mayor Gregg Hull in August. All are seeking four-year terms on the Council.

The crowded field could be cause for another election in April. If none of the candidates receive more than 50% of the vote in their respective district races, the top two vote-getters will square off again in a runoff election on Aug. 9.

District 1

In the March 5 election, Owen will face challengers Thomas N. Gentry III and Deborah S. Dapson.

Gentry has never run for office before, but he's no stranger to politics. His dad served as village councilor and mayor in Corrales, where he grew up. Gentry says he used to play in Rio Rancho since it was dirt and watched the city grow. A key accounting manager in pharmaceuticals, Gentry has made Rio Rancho home for 14 years.

Dapson has lived in District 1 for 15 years, according to her campaign website. She's a home and business owner who says she's concerned about growth in the area. She wants to work for sustainable growth to the district and add more commercial property. The top three issues addressed on her website are sustainable growth, infrastructure and water conservation.

Owen, a former mayor of Rio Rancho, is seeking his third four-year term. He won a runoff election to join the City Council in 2016 and was reelected in 2020.

He is a former Intel site manager with more than 20 years of experience as a business owner, according to his bio on the city's website. An Air Force veteran, Owen served positions in economic development, and in leadership roles with Rio Rancho Public Schools and the Chamber of Commerce.



District 4

Wymer was first elected to the City Council in District 4 in 2020. He and his wife first moved to Rio Rancho in 1984 and raised two successful children who attend Rio Rancho schools, according to his bio on the city's website. He earned a degree in architecture from the University of New Mexico and is a licensed architect and has certification with the American Institute of Certified Planners.

He will meet opposition from Raymond Anthony Archibeque and Alexandria "Alex" Piland.

Archibeque, also known as "Archie," has lived in Rio Rancho since 2021, but he says on his campaign website that his "roots" in New Mexico date back to the 1600s. He retired as a master gunnery sergeant after nearly 30 years in the U.S. Marines and calls himself a "seasoned leader." He also has bachelor degrees in sociology and communications and a master's degree in management and organizational development.

Piland is chair of the Democratic Party of Sandoval County. According to its website, she has 20 years experience as an organizer within the party. She describes herself as an educator, union organizer and activist. She's a two-term president of the Sandoval County Federation

of Democratic Women who aims to create a "welcoming, forward-thinking" model for the party in Sandoval County to serve all its citizens well.

Poland ran for Sandoval County Commission in 2020, losing to Republican David Heil, 53% to 47%.

District 6

Another Democratic Party of Sandoval County official is looking to earn a seat on the Council. Aleta "Tweety" Suazo, second vice-chair of the organization, is running to unseat List in District 6.

Online reports say Suazo is originally from Acoma and Laguna pueblos and U.S. Sec. of the Interior Deb Haaland, a native of Laguna, served as an inspiration. She's now a retired Albuquerque Public Schools administrator. She describes herself as a student activity and rights specialist with Southwestern Indian Polytechnic Institute on her LinkedIn page. She was recognized by the New Mexico Federation of Democratic Women in 2020 and has served as chair of the state's Native American Democrat Caucus.

Edward Lynn Paulsgrove is also on List's list of competitors. His name may be familiar in that he was in the news a few years ago for sparking an investigation by the state Environmental Department

into radioactive waste, arsenic and other chemicals contaminating the Rio West Brine Wells. A more than 20-year resident of Rio Rancho, Paulsgrove is a retired senior project manager with the regulatory division with the U.S. Army Corps of Engineers.

Chris J. Vanden-Heuvel is running for a Council seat for the second time. In 2016, he finished fourth in a four-way race in District 6. He did not run the next time the seat was up for grabs in 2016 when Daniel Stoddard won the seat.

List was appointed to the Council by Mayor Hull to fill the when Stoddard stepped down in May of last year. According to the meeting minutes from Aug. 10, Owen and councilors Jeremy Lenentine and Karissa Culbreath supported Hull's appointment, while councilors Bob Tyler and Wymer voted against it.

According to her bio on the city's website, List has done social work at Cleveland High School in Rio Rancho since 2014. She helps students with special needs and other things, it says, and is also a dance instructor at the school.

Bonds

Rio Rancho voters also have a choice whether to approve any of three General Obligation Bond questions to be paid off through property tax revenue.

One authorizes the city to issue up to \$10.6 million in bonds for improving roads and utility infrastructure. Another asks whether \$4.2 million in bonds should be issued for improvements to public safety facilities, vehicles, apparatus and equipment. The other calls for \$1.2 million to be put toward "quality of life facilities" in the city.

The city is holding three public information forums regarding the bond questions:

Thursday, Jan. 18, 6 - 7:30 p.m.
Loma Colorado Public Library, 755 Loma Colorado Blvd.

Thursday, Feb. 1, noon to 1:30 p.m.

The Hub @ Enchanted Hills, 7845 Enchanted Hills Blvd.

Saturday, Feb. 10, 10 - 11:30 a.m.
Haynes Community Center, 2006 Grande Blvd. NE

The forums pertain only to the General Obligation Bond questions. Matters relating to City Council candidates will not be addressed.

Community Briefs

Sandoval Signpost staff

Sandoval County Farmers & Irrigators Informational Meeting

Join the Middle Rio Grande Conservancy District (MRGCD) board members and staff to discuss the 2024 Irrigation Season, scheduling, process, and a Q&A session. The meeting will take place on Jan. 22 from 9 a.m. to 12 p.m. at the Martha Liebert Public Library. This meeting is open to the public. For more information about this meeting please contact Amanda Molina at pio@mrgcd.us.



(Courtesy Martha Liebert Public Library Facebook)

Silver Sneakers Fitness Class

Having a hard time looking for a fitness class that is the perfect combination of cardio and resistance training for seniors from ages 55 and up? Don't worry, the Silver Sneakers Fitness Class has everything you need. The class is made for all levels of fitness. It doesn't matter if you're a beginner or a fitness guru this class will fit your needs. The class is offered year-round every Wednesday from 9:30 a.m. to 10:30 a.m. at the Star Heights Recreation Center. To register for this class please go to rrnm.gov/activenet.

Father/Daughter Dance

Music, dancing, refreshments, and a night full of unforgettable memories. You can experience all of this at the 2024 Father/Daughter Sweetheart Dance, a Valentine dance spent with "Daddy's Little Girl". This dance will be held on Feb. 3 at the Sabana Grande Recreation Center. Fathers with daughters of the ages 5 to 8 can come down to dance from 5 p.m. to 6:30 p.m. and ages 9 to 12 from 7 p.m. to 8:30 p.m. To secure your spot at the dance please register at rrnm.gov/activenet by Jan. 26. Each child and parent must register individually.

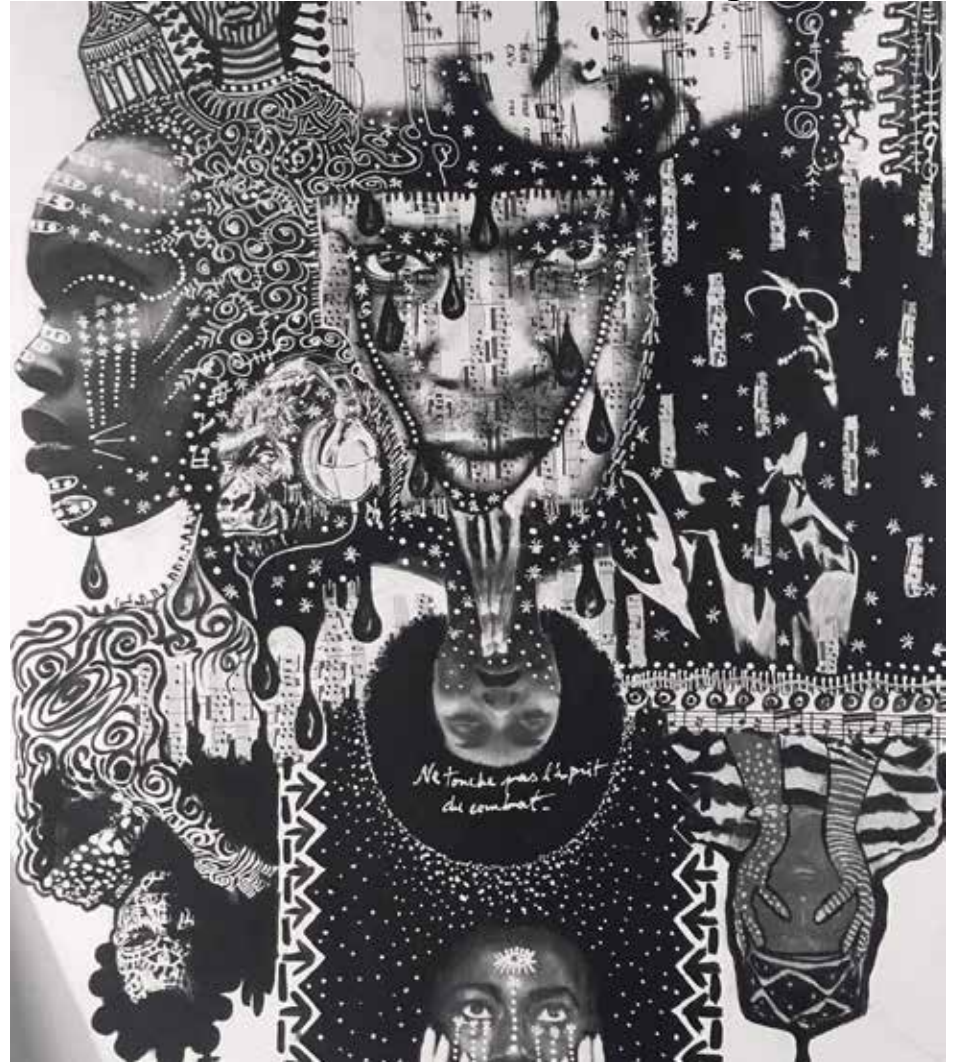
After School Program

The Martha Liebert Public Library in Bernalillo will be holding an after school program to help students of all ages with homework and developing good study habits. The program is for children ages 5 to 18. However, children under 13 must have parental supervision and there are no drop offs allowed. The program is free and is held on Monday through Friday from 2:30 p.m. to 4:30 p.m. Take advantage of this opportunity to start the school semester off right.

Pet Foster Parents Needed

Calling all New Mexicans! The Sandoval County Animal Services is currently looking for folks to foster one or two of their dogs that they currently have in the shelter. The animal shelters kennels are currently full and more animals come in everyday. Sandoval County Animal Services needs your help as soon as possible. If you are interested in becoming a foster parent to some wonderful animals please email sandovalpets@sandovalcountynm.gov.

Gifts of Our Ancestors: Resilience in the Diaspora Exhibit at the Placitas Library



(Issa Nyaphaga. *God is a Black Woman*)

Sandoval Signpost staff

Gifts of Our Ancestors: Resilience in the Diaspora, an exhibition organized by the New Mexico African American Resilience Committee, will be featured from February 3 through March 14 in the Placitas Community Library's Gracie Lee Community Room and Gallery. The Committee, under the leadership of co-founders Dr. Doris Fields and Karen Jones Meadows, invited artists to submit work that reflects the role ancestors play in their creativity, defiance, power, resilience, and success. "This exhibit represents the breadth of our diversity and connectedness no matter how many generations from home we are," says Fields.

The theme is inspired by author and philosopher, James Baldwin, who writes that "the great force of history comes from the fact that we carry it within us, are unconsciously controlled by it in many ways...it is to history that we owe our frames of reference, our identities, and our aspirations."

"Art is our gift from our ancestors," adds Fields. "The community at large will be introduced to African queens and philosophers, intercultural connectivity, and human interdependence that has proven critical to the evolution of all homo sapiens." More than a dozen artists will be participating in the exhibit, representing African descended people from many parts of the world.

A public reception featuring Maurice Burns of Gerald Peters Gallery in Santa Fe and other renowned artists, including Zero Bey, Willa Siao-Pao, Karen Jones Meadows, and Raul Davis, is planned for Friday, February 16, 2024, from 5-7 p.m. Soul food and traditional African music will enliven the evening. The committee invites everyone to share this celebration of art from the African Diaspora by visiting the gallery during the course of the exhibit and for the reception. As always, a percentage of art sales will benefit the library.

Always at your fingertips!

No Login. No Fees.

Check out the entire Sandoval Signpost online in our weekly e-edition.

www.sandovalsignpost.com

Lawmakers will Again Push for More Tribal Control Over How Indigenous Children are Educated

By Bella Davis, New Mexico In Depth

A proposal to create a trust fund that would give tribes in New Mexico more money and control to run their own education programs is back for the 2024 legislative session. Supporters are optimistic about their chances this year after last year's unsuccessful attempt to include it in the state budget. There are reasons for optimism. Tucked into the Legislature's proposed \$10.1 billion budget is \$50 million for the new fund. Rep. Derrick Lente, a Democrat from Sandia Pueblo, says top lawmakers have assured him the fund will get another \$50 million, for \$100 million total, during the 30-day session. The question is whether Gov. Michelle Lujan Grisham will go along.

If the \$100 million request navigates the sometimes-perilous budgeting process successfully, tribes would use annual interest earned on the fund for language revitalization efforts and career readiness programs, among other needs.

"What we want in tribal communities is for our elders, our own people to teach our children about what's important to our communities," Lente told New Mexico In Depth. "We need to be fluent in our language. We need to know how our government works. Without this type of programming, we're just going to continue to be assimilated into Western society."

Starting in 1819, the federal government removed Indigenous children from their families and sent them to boarding schools that were often far away from their homes. Officials attempted to strip them of their cultures, including by punishing them for speaking their languages and renaming them with English names.

Even after the policy ended about 50 years ago, state and federal control over education funding has limited tribes' ability to teach their children.

In New Mexico — which had the third-highest concentration of federal boarding schools, according to a 2022 report from the Interior Department — tribes can apply for grants from the state under the Indian Education Act. They're required to spend the money within a year.

That's challenging, experts say, partly because the Public Education Department can be slow to process the money, which advocates say isn't enough to begin with. When the money does come out, many tribes don't have the staffing levels needed to quickly use it due to underfunding,



Albuquerque Indian School Band plays at the Old Town Gazebo. (Photo Credit Albuquerque Museum)

The trust fund, while not meant to replace the Indian Education Act, would empower tribes to build sustainable programs by providing reliable funding that would go to them directly, beginning in fiscal year 2026.

Lente argues lawmakers have to act on the proposal now, before it's too late.

The state has seen record revenue in recent years, largely fueled by oil and gas production, with an expected \$3.48 billion surplus going into the next fiscal year. But analysts warn the windfall won't last.

"When you talk about an opportunity, a golden opportunity, this might be it," Lente told the Indian Affairs Committee in November. "And if we miss it, then it's on us."

Regis Pecos, a former governor of Cochiti Pueblo and longtime education reform advocate, told the committee that if the trust fund passes, tribes would no longer have to be "begging, piecemealing our approach to be in control of the quality of education for our children."

New Mexico has long failed Indigenous students, as a landmark 2018 court ruling, *Yazzie/Martinez v. State of New Mexico*, highlighted, Pecos said. The trust fund would be a step toward correcting that.

Gathering support

Last year, Lente sought \$50 million to get the fund started but later pulled the bill. He'd become chair of the House Taxation and Revenue Committee that January, a position he planned to use to get more support from other lawmakers in the interim and make a bigger ask later.

The 30-day session kicks off

Tuesday, and Lente says he's done that work.

He is a voting member of the Legislative Finance Committee and was able to make sure \$50 million for the fund is in the Legislature's proposed budget. Lawmakers who will hold sway in the coming budget discussions have assured him he'll get the other \$50 million during the session, Lente said.

He's also met with the cabinet secretaries of the Public Education Department and the Indian Affairs Department, neither of whom "gave any indication that they could not support this," Lente said.

A spokeswoman for Lujan Grisham wouldn't say whether the governor supports the proposal.

"Our focus continues to be on delivering significant resources to nations, tribes and pueblos as soon as possible," spokeswoman Maddy Hayden wrote over email, adding the governor's budget recommendation includes \$26.5 million for the Indian education fund.

Last year, the governor's administration recommended \$25.2 million go to that fund. Lawmakers ultimately appropriated \$20 million.

Stumbling block

On top of the doubled investment request, the updated version of the bill would create a temporary task force made up of representatives of each of the state's 23 tribes who would design a distribution formula. Lente made the change in part as a response to concerns that cropped up during the 2023 session.

Some observers doubted \$50 million — scaled down from Lente's initial hope for \$250 million — would generate enough interest for each

tribe. There were also questions over whether the proposed formula was fair, particularly to the Navajo Nation, which has a significantly larger population than any other tribe in the state.

Under last year's bill, 90% would have been distributed equally among the tribes and the remaining 10% would've been based on the number of New Mexico students each serves.

Despite the task force addition, though, Lente faced some pushback during the November meeting of the Indian Affairs Committee.

"You said that the task force would be formed after the legislation passes. What if the legislation passes and Navajos are not in agreement with it?" asked Rep. Anthony Allison (Diné), D-Fruitland.

Lente said it's been a challenge to get all the tribes on the same page on education reform, but that can't be a reason to not take action. The task force would give each tribe a chance to have their voices heard, he said.

Sen. Benny Shendo Jr., a Democrat from Jemez Pueblo, agreed with Lente.

"I'd rather have a conversation about how we're going to distribute the money when the fund is set up than not even get to the point of setting it up. We can't get caught up in how we're going to distribute," Shendo said. "I know that's what happened last year. ... I don't want this train to get derailed in the same way."

But Sen. Shannon Pinto (Diné), D-Tohatchi, wasn't convinced. She said while she's in full support of "what we're moving forward to do in education for our children," she couldn't sign off on the proposal without knowing it had the backing of the Navajo Nation. She was the only committee member to vote against endorsing the bill.

To Pinto, creating the trust fund before deciding on distribution felt like "putting the cart before the horse."

Lente responded: "If we had substantial revenue year after year after year, and this could come and go, we could just say, 'Well, let's wait 'til everybody comes to the table and maybe in 10 years we can look at this again.' This money is not going to last 10 years."

New Mexico In Depth is a nonpartisan, nonprofit news organization founded in 2012 as a response to ongoing downsizing among traditional news organizations.

How to pass a bill in the Legislature

The 56th Legislature, Second Session, opens this week.

There have been media reports about proposals from the executive and legislative branches. Debates about the budget proposals and agency requests are already in progress in Legislative Finance Committee meetings. At the same time, interest groups such as gun safety groups, education advocates, environmental and economic development and business people are expressing their support and in some cases opposition to bills being proposed.

This is a 30-day session. There will undoubtedly be too many bills introduced for such a brief time period. Hundreds of bills and a budget proposal of over \$10 billion are more than anyone can read and digest.

Right alongside the massive budget and hot-button bills are bills that legislators and advocates want passed, some of which impact everyday lives or solve small

Corner to Corner



Diane Denish

problems.

I've discovered most people don't know the necessary or best mechanics to get a bill passed. So I asked a few current and past legislators of both parties for their recipes for success. As a caveat, they all said, "Start Early!" For most this meant April or May prior to the next session.

Whether that has happened or not, there are some basics for success – not just for legislators but also for individual advocates or interest groups supporting specific legislation.

- Identify the issue. Clearly define why it is important and needs a legislative fix.
- Define the fix! It could be as simple as a language change to clarify a regulation, or it could be something bolder. Examples of boldness are the governor's proposed changes to gun safety and public safety initiatives. Something less media worthy but important is a simple language change to clarify safety standards for licensed home care givers in every community.
- One of the most helpful tips one senator offered was to always develop

a one-page executive summary. It should contain the bill number, a description of what it does, why it is needed, how it helps constituents and a request for support.

- Conversations with legislators should be short and to the point. A summary makes efficient use of everyone's time.
- Identity supporters, including advocates, business groups, individuals, other legislators, and local officials if needed. Ask them to help build support for the bill.
- Talk with known or potential opponents. Identify objections. See what changes they would like. Try to minimize the opposition if possible.
- Get the bill drafted, secure the best sponsor in each chamber, and file it early if possible.
- Work with leadership on appropriate committee referrals. The rule of thumb is that three committee referrals stop a bill in its tracks, especially in a 30-day session.
- Keep all the balls in the air and keep talking to legislators, supporters, the executive, and others. This might help eliminate surprises.

• Work hard.

Beyond these mechanics, there is the hidden impact of what style you use to persuade legislators, whether they are your colleagues, or your elected representative.

Some of it boils down to simple life lessons.

- Keep your eye on the ball. Remember, passing legislation is hard. Passing good legislation is even harder.
 - Be a good listener. This will help you identify your supporters and your opponents.
 - "Don't cut what you can untie" In other words, don't burn any bridges. Your opponents today might be your supporters tomorrow.
 - Be a team player.
 - Don't worry about the credit. Focus on the results.
 - If you lose, say thank you to everyone and prepare to try again.
 - If you win, congratulate your partners, and say thank you to everyone.
- And while you are working hard, doing good, don't forget to have a little fun.

Gun Bills Return in Governor's Crime Package

Guns are back on the governor's priority list this year. She and the sponsors of several defeated bills from last year hope for a better outcome, but the dynamics haven't really changed.

In the legislative session starting Jan. 16, are:

- House Bill 127, by Rep. Reena Szczepanski, D-Santa Fe. It would raise the age to buy automatic firearms from 18 to 21.
- HB 129, by Rep. Andrea Romero, D-Santa Fe. It requires a 14-day waiting period for gun purchases and completion of a federal background check.
- The GOSAFE Act, to be introduced by Romero. It's a ban on assault weapons.

Szczepanski, a mother of two young boys who practices responsible gun ownership, said raising the age to buy semi-automatic weapons "simply prevents the firearms most capable of rapidly taking human life from falling

All She Wrote



Sherry Robinson

into the hands of those most at risk of hurting themselves or others."

Romero has said the waiting period "will help prevent a moment of crisis from becoming a tragedy, by instituting a cooling off period between firearm purchase and acquisition." The assault weapons ban would "protect New Mexicans from the most deadly, dangerous weapons designed to inflict maximum harm on human beings."

Last year, the governor called for an assault-weapons ban in her State of the State speech. SB 171 would have prohibited the manufacture, transfer or purchase of all automatic and semi-automatic weapons, including handguns. As such bills always do, it provoked impassioned testimony for and against. Some speakers were desperate enough to call for any step that would cut down on gun violence.

Allen Sánchez, executive director of the New Mexico Conference of Catholic Bishops, said, "We bury the victims. I want to repeat that. We bury them. These are real people."

The bill passed one committee, but Senate Judiciary Committee members of both parties tabled SB 171 on questions of constitutionality.

"I don't think the bill would remotely stand a constitutional ruling," Sen. Joseph Cervantes, D-Las Cruces, said in a Santa Fe New Mexican story. He later tweeted that legislators had too much to do to spend time on bills the federal courts would probably strike down. Two other states had passed similar laws that faced court challenges, and the U.S. Supreme Court had previously expanded the right to bear arms.

A similar bill from last year, HB 101, aimed only at assault-style weapons. Romero, a co-sponsor, said the bill would prevent mass shootings and improve public safety by prohibiting .50-caliber assault weapons and high-capacity magazines. Current owners could keep their weapons if they registered them with the State Police. HB 101 died in the House Judiciary Committee after concerns about possible Second Amendment violations.

HB 100, to impose a 14-day waiting period, made it to the House floor agenda, but time ran out before a vote, despite pressure from interest groups.

At the time, Deborah Marez-Baca, with the New Mexico chapter of Moms Demand Action, said, "Twenty-two states have waiting periods prior to possession of a firearm after purchase. Nine states already prohibit assault weapons, and 14 states prohibit high-capacity magazines."

Republicans argued that the bill would deprive law-abiding citizens of their rights and hinder self-defense in places where police response times are slow.

SB 116, to raise the age to 21 to buy or possess semi-automatic firearms including assault weapons, died in the Senate Judiciary Committee after a series of party-line tie votes. With two weeks left in the session, Szczepanski and her co-sponsor didn't have time to revamp the bill and get another vote in committee.

Besides the usual dueling between parties, gun debates reflect urban-rural differences. Rural legislators just don't see the same urgency as their urban counterparts. Romero, however, doesn't expect a replay of last year. Sponsors have learned what hindered their bills before and recalibrated.

The Weekly Crossword by Margie E. Burke

ACROSS

- 1 Foundation
- 6 Partner of "done with"
- 10 Christian symbol
- 14 Calendar entry
- 15 Offensive
- 16 Previously
- 17 Male soldier, say
- 19 Rating unit
- 20 Personal coach
- 21 Individuals
- 23 Certain bills
- 24 Suitor, in poetry
- 25 Have words (with)
- 28 Proctor's call
- 30 Pirate ship board
- 33 Settle
- 35 Detroit NBAer
- 36 Tide alternative
- 37 Precious gem
- 39 Sundial number
- 40 Tiny wave
- 42 Gorbachev policy
- 44 "___ be sorry!"
- 45 Gardening moss
- 46 Wallet wad
- 47 Up the ante
- 49 Muffin choice
- 51 Too many to count
- 53 Like some potatoes
- 57 Chimney residue
- 58 Basic verb form
- 60 End of a threat
- 61 Without ice
- 62 Actress Sophia
- 63 Fortune teller

1	2	3	4	5	6	7	8	9	10	11	12	13
14					15				16			
17					18				19			
20							21		22			
23							24					
25	26	27			28		29		30		31	32
33				34				35				
36				37				38			39	
40			41			42				43		
44						45				46		
47					48			49	50			
51	52						53			54	55	56
57					58		59					
60					61				62			
63					64					65		

Copyright 2024 by The Puzzle Syndicate

- 64 Circular current
- 65 All tucked out
- DOWN**
- 1 Second to none
- 2 "Rave" anagram
- 3 Vaccines
- 4 Fertilization type
- 5 "Goosebumps" author R. L. ___
- 6 Unusually large
- 7 Energy
- 8 Go by, as time
- 9 Extend, in a way
- 10 Archeologists' finds
- 11 Vocal rise and fall
- 12 Examine closely
- 13 Towel
- 18 Franc division
- 22 Rafting hazard
- 25 Like Stephen King novels
- 26 FDR's affliction
- 27 Type of flour
- 29 Combine
- 31 Cacophony
- 32 Like many sweaters
- 34 Journalist Bly
- 35 Army outfit
- 38 Eagerness
- 41 Serving dish
- 43 Incessantly
- 45 Wrote, as a novel
- 48 Paris divider
- 50 Tracks
- 51 Plays for a sap
- 52 Dermatologist's concern
- 54 Wear down
- 55 Neck and neck
- 56 Fender blemish
- 59 Craze

T	N	E	S		Y	D	D	E	R	E	E	S
N	E	R	O	L	A	T	N	E	S	E	S	E
E	V	I	T	I	N	I	N	I	T	O	O	S
E	D	R	A	S	T	E	D					
S	E	N	O		A	T	P	E	A	T	L	L
T	O	S	T		L	A	S	G	L	E	P	L
I	I	I										
N	O	S	T		P	I	S	T	O	N	C	O
K												
S	N	O	S		P	E	R	S	O	N	E	R
A	R											
E	V	E	N	T	V	I	L	E				
S	H											

Solution to Crossword:

SUBSCRIBE

to our weekly e-edition straight to your inbox! It's FREE!

SCAN HERE TO SUBSCRIBE →



sandovalsignpost.com/subscribe

i9 SPORTS

Sports Offered

- Flag Football**
- Basketball**
- Soccer**
- Baseball**
- Tennis**
- Cheer**
- Volleyball**

Register at: i9sports.com

Our Family,
Helping Kids Succeed
in Life through Sports®

- One day per week. Practice held before games
- Playoffs and optional weekly practices for oldest divisions
- Equal playing time
- Organized programs for boys and girls ages 3-14
- Coaches background checked and certified
- All skill levels welcome. No tryouts!

BUY ONE

SUBSCRIPTION TO

SIGNPOST

AND GET

50% OFF

your subscription to

CORRALES
Comment

Friday, January 19

Comedy

Chris Kattan \$30-\$40 9:30-11 pm
Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo, Santa Ana Pueblo, 004

Chris Kattan \$30-\$40 7-9 pm
Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo, Santa Ana Pueblo, 004

Exhibit

Placitas Wild Hearts Gallery presents Quilting Artist Judith Roderick: "The Crane" Reception Saturday, January 13, 1:00 pm - 3:00 pm; Exhibition runs from January 2, À January 28; Gallery hours: Tues - Friday 10:00am - 4:00 pm; Sat. & Sun. 10:00am - 2:00 pm Wild Hearts Gallery 221 B Hwy. 165, Placitas

Music

Chasing Time 7-9 pm The Range Cafe 925 S Camino Del Pueblo, Bernalillo

Chris Ravin 5-7 pm Los Ojos Restaurant & Saloon 17596 NM-4, Jemez Springs

Crazy Bird 6-9 pm Tractor Brewing Westside 5720 McMahon Blvd NW bldg 5 ste a, Albuquerque

Frikitona: A Reggaeton Experience \$10 9 pm-1:30 am The Salt Yard - West 3700 Ellison Drive Northwest, Albuquerque

Lisa Litman Band 7-9 pm Casa Vieja Brewery 4541 Corrales Rd, Corrales

Mineral Hill 6-9 pm Boxing Bear Brewing Company Corrales Taproom 10200 Corrales Rd., Albuquerque

Saturday, January 20

Comedy

Chris Kattan \$30-\$40 7-9 pm
Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo, Santa Ana Pueblo, 004

Chris Kattan \$30-\$40 9:30-11 pm
Quezada's Comedy Club at Santa Ana Star 54 Jemez Canyon Dam Road, Santa Ana Pueblo, Santa Ana Pueblo, 004

Music

Cam Kimbrough 7-9 pm Marble Brewery Westside 5740 Night Whisper Rd. NW, Albuquerque

Javier Ortega 7-9 pm Tractor Brewing Westside 5720 McMahon Blvd NW bldg 5 ste a, Albuquerque

Jazz to Go 7-9 pm The Range Cafe 925 S Camino Del Pueblo, Bernalillo

Woodpeckers 7:30-9:30 pm Casa Vieja Brewery 4541 Corrales Rd, Corrales

Sunday, January 21

Class / Workshop

Family History Boards 2-3 pm
Sandoval County Historical Society 151 Edmund Rd., Bernalillo

Discussion / Lecture

CHS Speaker Series featuring Lone Pinon: Cultural Complexity and Abundance in New Mexico's Music 2-4 pm Old San Ysidro Church 966 Old Church Rd, Corrales

Music

Kaktus Kats Blues Jam 2-5 pm
Kaktus Brewing Co. 471 South Hill, Bernalillo

Music - Classical

Placitas Artists Series: David Felberg \$25 3-5 pm Las Placitas Presbyterian Church 7 Paseo de San Antonio . Placitas

Monday, January 22

Art

Adult Coloring Night 5-9 pm Tractor Brewing Westside 5720 McMahon Blvd NW bldg 5 ste a, Albuquerque

Hosting a public event?
We can help spread the word!
Submit it to our online calendar at
abq.news/calendar

PUBLIC MEETINGS

Daily: The Mayor Hull Show. Go to rrnm.gov/mayorhullshow. Rio Rancho Mayor Gregg Hull talks about issues facing Rio Rancho.

Daily: Recreating at Valles Caldera National Preserve. The park landscape remains open to vehicles along NM-4 and pedestrian/bicycle access along trails, as designated. For a complete list of activities at the National Preserve, go to tonps.gov/vall/index.htm.

Mondays: Bernalillo/Placitas open Al-Anon meeting for families and friends of alcoholics/problem drinkers. 7:30-8:30. Held at the Bernalillo United Methodist Church, 136 Calle Don Andres (behind Abuelitas), Bernalillo. Maximum: 12 people; masks required. Info: 262-2177.

Second Monday: Eastern Sandoval Citizens Association (ESCA) monthly meeting. 4 p.m. Held at the Placitas Community Library.

Second and fourth Mondays: Bernalillo Town Council meeting. 6:30 p.m. Held at Bernalillo Town Hall. Info: call 867-3311, townofbernalillo.org.

Mondays through Saturdays: Alcoholics Anonymous meetings in Bernalillo. For a complete list of schedules, visit the website at albuquerqueaa.org or call Central Office at 266-1900, open 24/7.

First Tuesdays: Albuquerque Newcomers' Club Welcome Coffee. 10 a.m. Held at Sandia Presbyterian Church (not affiliated with church)—10704 Paseo del Norte. Membership is open to residents who have lived in the Albuquerque area (including Sandoval County) for five years or less, or who are having major changes in their lives. Make new friends and increase your social life. Sign up for monthly luncheons and speakers, dining out, visits to area attractions, book and movie groups, bridge, bunco, mah-jongg, walking, wine tastings, etc. Singles' and men's groups. abqnewcomers@gmail.com. 321-6970.

First Tuesdays: Coronado Kennel Club meeting. 7:30 p.m. All-breed kennel club. Schedule changes in August and December. Call 867-4510 for meeting location.

First Tuesday: Monthly ice cream social hosted by the Kiwanis Club. 6 p.m. Held at the Paleta Bar in Bernalillo—510 NM Highway 528.

Third Tuesday: Open meeting of the Sandia Vista Amateur Radio Club. 7 p.m. Held at Fire Station 41 on highway 165, just east of the Placitas Community Library. Everyone is welcome to attend meetings, whether or not they have an FCC License.

Third Tuesdays: Bead Society of New Mexico (BSNM) Monthly Membership Meeting. 6-8 p.m. We do not meet in July or December. Please check our website in case of occasional changes. Heights Cumberland Presbyterian Church, 8600 Academy Road NE. For more information, go to beadsocietyNM.org.

Third Tuesdays: Monthly meeting of the Republican Party of Sandoval County (RPSC). 7 p.m. at Gospel Light Baptist Church, 1500 Southern Boulevard in Rio Rancho. SandovalGOP.com.

Third Tuesdays: Sandia Vista Amateur Radio Club. 7 p.m. Help provide emergency communications in Placitas. Become a "HAM" radio operator. We will help you get your FCC license. Visitors welcome. Held at the Placitas Fire Station No. 41, Hwy 165, near the Library. sandiavista.net.

Fourth Tuesdays: Pathways: Wildlife Corridors of NM monthly meeting. 6:30 p.m. Held at Placitas Community Center. Open to the public. pathwayswc.wordpress.com.

Fourth Tuesdays: Eastern Sandoval County Arroyo Flood Control Authority (ESCAFCA) meeting. 6 p.m. Held in the Town of Bernalillo Council Chambers. Persons wishing to be on the agenda or persons with disabilities who need accommodations should call 771-7110 by the first Tuesday. Board meeting agenda is posted on the ESCAFCA website (escafea.com) and at the front desk of the Town Hall by Friday preceding the meeting.

Fourth Tuesdays: Placitas Democrats and Friends. 6-7:30 p.m. Held at Placitas Community Library. Meetings are open to the public and feature candidates for local, state, national offices; sandovaldemocrats.org. 259-5860.

Tuesdays: Haven House Domestic Violence Support Group for women whose lives have been touched by domestic violence. 6:30-8:00 p.m. Topics include: Dynamics of Domestic Violence, Safety Plans, Developing Healthy Relationships, and information about available services. All sessions are confidential and free of charge. Held at Rio Rancho First Baptist Church, corner of Route 528 and 19th Avenue. 896-4869 or 1-800-526-7157.

Tuesday and Thursday: Sandoval County Historical Society is open. 9-noon. Photo Archive, Library, and Family Research. Located between Warrior gas station and Santa Ana Star casino on US 550.

Tuesdays, Fridays, and Sundays: Play Pickleball. 1 p.m. Pickleball is a game played on a court with paddles and a whiffle ball. The court is smaller than a tennis court and allows people to play who no longer want to run and jump as they did in their younger years. Anyone can play, even if they have never played tennis. Info: 505-934-2649. At Bernalillo Recreation Center.

Second Tuesdays: Coronado Optimist Club of Bernalillo. 6 p.m. Held at 149 E Calle Don Francisco in Bernalillo. "Bringing out the best in kids" 505-867-4689.

Wednesdays: Boy Scout meetings. 7 p.m. 237 Camino Del Pueblo, Bernalillo. In front of Loretto Park. 505-506-2773.

Wednesdays: Rotary Club of Rio Rancho Sunrise. 7 a.m. For breakfast, fellowship, a great speaker, and a chance to get involved in local and worldwide service projects. At Club Rio Rancho (used to be Chamisa Hills CC), 500 Country Club Drive, Rio Rancho. Info: Mac McKinney, 892-4313.

First Wednesdays: Free civil legal clinic offered. 10 a.m.-1 p.m. Held in the third-floor conference room of the Second District Courthouse, at the southwest corner of Lomas and Fourth, NW. Free legal advice on a number of civil legal issues. No family law services will be offered. Attendance is limited to the first 25 persons who qualify for low-income assistance. Interpreters and bilingual attorneys will be on hand. Attendees should bring all of their paperwork. Expect about a thirty-minute, free legal consultation. 797-6077.

Second Wednesdays: Visionary Arts & Crafts Guild (VACG) monthly membership meeting. 6-8 p.m. VACG's mission is to develop a fellowship among craftspeople and facilitate a market for crafts. The VACG supports the "Art of Craft" through exhibitions, education, and public awareness to promote the development and appreciation of craftspeople and their work. Meets all months except October, November, and December. Info: vacgnm@gmail.com, facebook.com/vacgnm, VACGNM.com.

Second Wednesdays: Rio Rancho Art Association (RRAA) monthly membership meeting. 6:30-8:30 p.m. RRAA is a non-juried/all mediums regional art association. You need not be a resident of Rio Rancho to join. Held in Don Chalmer's Ford Community Room, 2500 Rio Rancho Boulevard, Rio Rancho. rraasusa.org, rioranchoartassociation.blogspot.com or 301-2009.

Second and fourth Wednesdays: Sandoval County Civitans meet. 6:00 p.m. Held at Fair Winds, 920

Riverview Drive SE, Rio Rancho. 898-6884.

Second and fourth Wednesdays: Sandoval County Commission meeting. 6 p.m. Unless otherwise noted, all meetings will be held in the Sandoval Administration Building, 1500 Idalia Road Building D, Bernalillo. Info or meeting agenda: sandovalcounty.com, 867-7500.

Third Wednesdays: Las Placitas Association meets in person. 6 p.m. Visitors are welcome. Email: theboard@lasplacitas.org for an invitation and further details.

Thursdays: Sandoval County Historical Society archives and library are open to members and the public for family research. 9 a.m.-Noon. Bernalillo. Info: 867-2755.

First Thursdays: Sandoval County veteran's outreach and business counseling. 1-4 p.m. Held at the Sandoval County Administrative Building, 1500 Idalia Road in Bernalillo. All honorably- discharged veterans may be entitled to VA benefits and state Veteran benefits. Come learn about your potential benefits. Bring your DD-214. 383-2414.

First Thursdays: Art and Music at the Loma Colorado Main Library Auditorium, Rio Rancho. Info: riorancholibraries.org, 505-891-5013.

Third Thursdays: Placitas Community Library Board of Directors meetings. At the Placitas Community Library, 453 Hwy 165. 6:30 p.m. Open to the public. Meeting agendas are posted at the library and Placitas Post Office.

Fourth Thursdays: Sandoval County Development Planning & Zoning Commission. 6 p.m. Held at the Sandoval County Administration Building, 1500 Idalia Road., Bldg. D, Bernalillo.

Last Thursdays: Sandoval County veteran's outreach and business counseling. 11 a.m.-2 p.m. Held at 433 Meadowlark SE in Rio Rancho. All honorably-discharged veterans may be entitled to VA benefits and state Veteran benefits. Come learn about your potential benefits. Bring your DD-214. 383-2414.

Fridays: Sandoval County Stroke Support Group. 11 a.m.-12:30 p.m. Provides weekly support to survivors of stroke, their caregivers, adult family members, health care providers. Water & light snacks provided. No charge for meetings. Social outings arranged six times/year. Contact Geri: 620-8802.

First Fridays: Monthly luncheon of the Democratic Party of Sandoval County. 11:30 a.m.-1 p.m. Range

CLASSIFIEDS

To place a classified ad, email your ad or questions to: tierna@sandovalsignpost.com (Includes a free posting on the Signpost website.) For further information, visit: www.sandovalsignpost.com or call the Signpost office at 505-300-4087

**Placitas
Pool & Spa Service**
Service, Repairs, Consultations
(505) 250-6383

24 Hr. Same Day SEPTIC SERVICE **ABR-LLC**
Aaron Brothers Resources
(505) 898 - TANK | 7016 2nd st NW
c. (505) 900 - 4862 | Albuquerque NM, 87107
Licensed/Bonded/Insured NM 363659

WHELCHER
Landscaping and Construction Co.
NOW is a great time to SAVE MONEY on Landscaping, Concrete Work, Paver Patios, Patio Covers, Gravel Work & more!
We're Specialists in
LANDSCAPING & OUTDOOR LIVING
Sprinkler & Drip Systems
Concrete, Flagstone & Brick Work
Block Walls & Stucco Work
Additions & Remodels
Kiva Fireplaces • Banco Seating
Outdoor Kitchens • Portals • Decks
Patio Covers • Retaining Walls
Terracing • Sod • Gravel & Planting
If you can imagine it, we can create it.
Call 221-8052
References/Pictures on Request • www.nmlandscaping.com
Licensed/Bonded/Insured/Lic. #380846
A-Rating - Angie's List • AAA - Better Business Bureau

Paws N' Claws Pet Care
In-Home Pet Care serving:
Placitas, Corrales & Rio Rancho
Overnight Pet Care:
Drop-In Pet Care: Deb Stichmann
(505) 440-0875
Insured/Bonded
Deb Stichmann
PawsNClaws02@gmail.com

Tim Kelleher's Landscaping + Masonry
We call back, Show Up & No Mañana
• Landscaping • Irrigation Installs
• Tree & Shrub pruning • Parapet Repair
• One Time Yard Clean-ups • Stucco Repair
• Masonry Wall Repair • Fence repair
Call Tim: 505-221-0940

Enchantment Acupuncture LLC
Acupuncture • Cupping
• Facial rejuvenation
enchantmentacupuncture.com
505-401-7738

ABC DOOR COMPANY
Your trusted source for garage doors, vehicle gates, and operators
505-322-6441

Haul It All Services
505-553-5545
Got Junk, Demo, Hauling?
Your Junk Removal/Hauling Company. Serving Commercial/ Residential Customers Since 2008. No Gimmicks! Get Local, Licensed, Reliable Help. **A-Rated on Google/ Yelp/Angi!** You Call, **505-553-5545**
We Haul! www.haulitallservices.com

River Stone
Cate Clark
Licensed Massage Therapist
License: MT4607
riverstonecate.com
(505)401-4015

Adobe Handyman Services
I do it all!
Tile Framing Drywall
Stucco Plaster Painting
Windows Doors Roofs
Stonework Adobe Landscaping
No job too small
FREE ESTIMATES!
Call Scott 600-2394

SUBSCRIBE

to our weekly e-edition straight to your inbox! It's FREE! sandovalsignpost.com

SERVICES

To place a classified ad, email your ad or questions to: tierna@sandovalsignpost.com
For further information, visit: www.sandovalsignpost.com or call the Signpost office at 505-300-4087.

DALE'S TREE SERVICE - Pruning, removals, stumps, hauling and mowing. 28 years experience. Dale Roberts,
505-473-4129 or 505-977-1981.

ZIAMAIDS HOUSE CLEANING SERVICE Dependable, reasonable rates, Lic and Insured, please call 505-477-1147. 15% off first cleaning good through June 2023

SEEKING HOME/CASITA TO RENT Seeking home/casita to rent in Bernalillo, Corrales, Rio Rancho area. Mature professional semi-retired male. Non-smoker, non-drinker. Crate trained dogs. Seeking home/casita to rent. References available. Contact via email: aenriquez4561@gmail.com

To place a classified ad, email your ad or questions to: tierna@sandovalsignpost.com
For further information, visit: www.sandovalsignpost.com or call the Signpost office at 505-300-4087.

FOR SALE- Stunning, one of kind 1.5 Acre Unobstructed Sandia Mtns view lot. \$310,000.
Lot 19 Mesa Vista de Corrales Subdivision (109 Calle Contenta) Corrales NM 87048
Rare opportunity to build a dream home in Corrales.

Price includes survey, geotechnical investigation, preliminary grading plan, complete set of home design and construction drawings.
Utilities on Lot 19 include; Natural Gas, Electricity, Cable, Phone
Call 907-230-3385

To place a classified ad, email your ad or questions to: tierna@sandovalsignpost.com
For further information, visit: www.sandovalsignpost.com or call the Signpost office at 505-300-4087.

"I'M SO GRATEFUL I NEVER STOPPED SEARCHING!"

Bernalillo resident Maria R had been experiencing the debilitating side effects of Peripheral Neuropathy.

"I was beginning to have other health issues due to the lack of sleep. I needed help just standing up and when I was standing I was afraid I would fall because I had no feeling in my feet. My life felt like a nightmare."

Then she met Albuquerque's very own Dr. Andrea Brogdon

"I was so desperate to the point of giving up" exclaimed Maria R. from Bernalillo. "I was in so much discomfort due to the numbness, tingling, and burning on the back of both legs and in my feet."

Maria R had been diagnosed with peripheral neuropathy and had seen a neurologist with no relief. To complicate things further, Maria had been diagnosed with two fractured discs in her back that were causing her severe pain. "I was no longer able to do surgery and all other treatments didn't work. I was starting to feel hopeless."

Maria is one of 3 million people in the United States suffering from peripheral neuropathy, a degenerative disease of the peripheral nervous system. "Those with peripheral neuropathy experience numbness, tingling, burning and even severe cramping due to the dying off of the peripheral nerves," explains Dr. Andrea Brogdon of Albuquerque Acupuncture & Integrative Medicine. "These nerves continue to die off until they have completely expired leaving sufferers with numbness and debilitating balance issues. Patients come to see me after having seen many other doctors with no relief. They have been told that there is nothing they can do or that they just have to live with it."

"I was beginning to have other health issues due to the lack of sleep. I needed help just standing up and when I was standing I was afraid I would fall because I had no feeling in my feet. My life felt like a nightmare," says Maria.

"I learned about Dr. Andrea Brogdon from an article I read and learned that she helped others like me, experiencing the same symptoms.

I made an appointment hoping she was going to be able to help me. It was my last resort."

Dr. Andrea Brogdon has helped thousands of patients get their life back after being diagnosed with peripheral neuropathy and living with the debilitating effects of the disease. How does she get such amazing results? "Acupuncture has been used for centuries to improve circulation but the real magic happens when I integrate ATP Resonance BioTherapy™." By using modern technological advancements alongside the time tested science of acupuncture, Dr. Brogdon is able to reverse the effects of this degenerative disease, regardless of its origin.

"Early detection is key when it comes to improving your chances of a full recovery," explains Dr. Brogdon. Which is why she starts every patient with an initial consultation during which a sensory exam is performed. "This helps to determine just how much nerve damage has occurred," tells the doctor. "This is important because if the patient has suffered more than 95% sensory loss there is very little I can do at that point."

"After several treatments, I experienced tremendous relief. Life is good! I have seen a huge improvement in my walking, I sleep better, even my mood is better! I am so grateful I never stopped searching!" exclaims Maria.

If you or a loved one are living a life of suffering due to peripheral neuropathy and your pain has prevented you from doing the things you love with the people you love, it's time to call Dr. Brogdon and the staff at AAIM.

Call (505) 355-1984 today to schedule an initial consultation or visit AAIM-ABQ.com to read more incredible success stories.



**PERIPHERAL NEUROPATHY?
Call (505) 355-1984
to schedule a consultation!**

**10400 Academy Rd NE Suite 210
Albuquerque, NM 87111
WWW.AAIM-ABQ.COM**